



Mack Strong Signs on with FSN, Will Headlines the network's extensive Seahawks programming throughout the season

Former Seahawks fullback Mack Strong recently joined FSN's talent team and will bring his in-depth football knowledge to viewers across the Northwest using his experience in the league to give fans a unique perspective into the game starting this fall. The two-time NFL Pro Bowler will host a new 30-minute show titled ***Mack Strong: Seahawks Insider*** which utilizes his familiarity with the organization and relationships with former teammates to provide viewers with a unique perspective of the upcoming Seahawks season.

Strong will also play a large role in getting fans ready for the season by providing insight during FSN's ***Inside Seahawks Camp***, a 30-minute show dedicated to bringing fans a daily update straight from Seahawks training camp. His experience as an undrafted free agent when he entered his first training camp to becoming a seasoned veteran who knew his role in his later years, will help Strong give fans an exclusive perspective as to what goes through the minds and hearts of the players during an NFL training camp.

Fans will also get a chance to know those same players off the field, as Strong introduces them to some of his former teammates and provides an inside perspective throughout the season on the emmy-nominated, ***Seahawks All Access***.

Viewers will get their first look at Strong's new role during the premiere of "Inside Seahawks Camp," which airs weeknights at 11pm and 11:30pm throughout the month of August.